ELITE
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DIRETO **XR-T**

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DIRETO XR-T, ELITE'S TOP/LEVEL HOME TRAINER WITHOUT THE CASSETTE

Direto XR-T is among Elite's most beloved interactive indoor cycling home trainers as it's accurate stable and interactive.
Direto XR-T is the Elite's sprocket cassette-free top/level trainer, powerful, compatible with various bicycle models.
On the strength of a **1,5% accuracy** ensured by the **integrated OTS power meter**, the **Direto XR-T** immediately gets the top spot among Elite's home trainer range for its enhanced pedalling roundness, the improved flywheel and an ultra-realistic gradient simulation, which is able to **replicate a staggering 24% slope value**.

ULTIMATE ACCURACY

The **Direto XR-T** is the world's only home trainer, together with Elite's Direto and Drivo range, that really measues power output via an **integrated power meter**, the **OTS (Optical Torque Sensor)**.
OTS is an innovative and integrated power meter that measures how much power you exercise on pedals with **± 1,5% accuracy on the Direto XR-T**, which is 0,5% more accurate than the first Direto.
This is why **Direto XR-T** is one of the most accurate commercially available home trainers, the ideal tool for a scientifically accurate monitoring of your cycling performances.

WORKOUT AS IF YOU WERE OUTDOORS, UPHILL AND DOWNHILL

Compared with the Direto X, The **Direto XR-T** simulates **up to 24% gradients**, 6% more than what the Direto X can do, thus ensuring top performances even on the most intense workout sessions.

THE QUIETEST EVER

After the success of the Direto X, Elite's R & D department redefined the mechanics of the **Direto XR-T** by achieving **unmatched noise reduction levels**.
These developments rank the home trainer among Elite's quietest, by virtue of of its **direct transmission** configuration, where the rear wheel is removed and the chain connects to the cassette on the home trainer: the only noise you'll hear is the chain itself when you're shifting gears while working out.
This is the definitive option to enjoy a quiet workout environment.

GREAT COMPATIBILITY

Direto XR-T is compatible with both road and mountain bikes, with 130-135 x 5mm hubs with quick clamping system and 142 x 12mm with thru-axle.
You can find adapters on www.shopelite-it.com to ensure compatiblity with 135 x 10-12mm (cod. 10143036) and for rear 148 x 12mm (cod. 1014303) Boost hubs and (cod. 1014346) Super Boost 157 x 12 mm.
This trainer features a new structure which is perfect to house derailleurs with long cages that feature **greater capacity on bigger 12-speed sprocket sets**. This is how the **Direto XR** is compatible with 9/10/11 speed Shimano® and 12 speed Shimano® road, 12 speed Shimano® MTB (with Micro Spline freehub body, cod. 1014315), 9/10/11/12 speed Campagnolo (with freehub cod. 1014233), 12 speed SRAM NX with Shimano compatible hub, 12 speed SRAM (XD/XDR freehub cod. 1014279). The freehub bodies specific for Campagnolo, SRAM XD/XDR, 12 speed SRAM NX and 12 speed micro Spline Shimano® are available on www.shopelite-it.com.

TRAIN ON MY E-TRAINING

As with all Elite's direct transmission home trainers, the **Direto XR-T** is part of the **ANT+™ FE-C** and **Bluetooth** interactive home trainers range.
This means total interaction with apps, software, computers and devices (smartphones and tablets) with **iOS**, **Android**, **MacOS** and **Windows**.
Anywhere, anytime, with just a few clicks, you

just set the course of the workout program and start pedalling: **Direto XR-T** handles the rest, by automatically adjusting resistance to manage your workout autonomously based on your needs.
Also included in the box of the **Direto XR-T** is a **12-month free subscription to Elite's My E-Training software**.
Direto XR-T is also compatible with all the other commercially available indoor cycling platforms such as Zwift, TrainerRoad, Rouvy, Kinomap and many more.

STABLE AND EASY TO TRANSPORT

Direto XR-T is a very stable and accurate home trainer.
Easy to transport, use and store after use thanks to its foldable legs, this home trainer is distinguished by its extraordinary stability even on out-of-the-saddle sprints.
Moreover, the **scratch-proof adjustable feet** make it possible to vertically adjust the bicycle's position even when the floor isn't completely flat.
Direto XR-T also **includes Elite's Riser Block front wheel support**, perfect to find the most comfortable position while working out.

SENSORLESS TECHNOLOGY

Every home trainer by Elite immediately sends **power, speed and cadence data**, thus becoming effective instruments to plan your own workout program and replicate outdoor workouts as faithfully as possible.
On the **Direto XR-T** cadence is measured via a practical sensorless technology, that is no sensors to install on your bicycle, based on a sophisticated power output analysis measured by the integrated OTS power meter.

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FEATURES	
HOME TRAINER TYPE	Interactive direct transmission home trainer
SPROCKET CASSETTE	Not included
POWER METER	Integrated OTS (Optical Torque Sensor)
ACCURACY	± 1,5%
WIRELESS COMMUNICATION	ANT+™ (FE-C, Power, Speed&Cadence) and Bluetooth (FTMS, Power and Speed&Cadence)
MAX SLOPE SIMULATED	24%
MAX POWER	1100 Watt (20km/h) - 2300 Watt (40km/h)
CONTROL VIA	Smartphone, tablet, bike computer, sports watches, Windows and Mac. Computer ANT+™ and/or Bluetooth
COMPATIBLE WITH	My E-Training software & app Zwift, Trainer Road, Kinomap and more
OUTPUT	Power, speed and cadence
FLYWHEEL	5,1 kg
BIKE COMPATIBILITY	Road, Gravel, Mountain and city bikes.
	Included adapters for: Quick release Ø 5x130-135 Thru-axle Ø 12x142
	Adapters available* for: Thru-axle Ø 10x135-12x135 (cod. 1014306) Specialized SCS Ø 12x135 (cod. 1014087) Boost Ø 12x148 (cod. 1014303) Super Boost Ø 12x157 (cod. 1014346) *available on www.shopelite-it.com
CASSETTE COMPATIBILITY (freehub included)	Shimano®/SRAM 9/10/11 speed Shimano® 12 speed road SRAM SX 12 speed SRAM NX 12 speed
FREEHUBS AVAILABLE*	Shimano Micro Spline (cod. 1014315) Campagnolo (cod. 1014233) SRAM XD/XDR (cod. 1014279) *available on www.shopelite-it.com
CONNECTION INDICATOR	Power source, ANT+ and Bluetooth (3 LED lights)
FIRMWARE UPDATE AVAILABLE	Yes
INCLUDES	12-month free subscription to My E-Training software & app
SPECIFICATIONS	
POWER SUPPLY DATA	Input 100-240 volts 50-60 hz - Output 12 volts 1,5A
OPEN SIZE (L x W x H)	650 x 830 x 560 mm / 25,60" x 32,70" x 22,04"
CLOSED (L x W x H)	650 x 300 x 560 mm / 25,60" x 11,82" x 22,04"
WEIGHT	15 Kg / 33,07 lbs